2013 BEARCAT WRESTLING FALL CLINIC

[](http://www.cssd.ab.ca/schools/stbrigid/images/bearcat2.gif)

FEATURING

TRENT GOODALE (head coach at Limestone College)

and the Limestone coaching staff

When: Saturday, October 12, 2013

Registration from 8 am to 9 am

Clinic Schedule: 9 am-11 am Session I

11-12 pm lunch (wrestlers will need to bring their lunch)

12-2 pm Session II

Where: Old Gym @ Rock Hill High School

Cost: Ten dollars per wrestler pre-registered and pre-paid

Twenty dollars per wrestler not pre-registered and pre-paid

Coaches who are bringing a group of wrestlers need to pre-register with Coach Beard and send a check to Rock Hill High School. This will speed up the registration process on Saturday morning. If you have questions please contact Cain Beard via email at [tbeard@rhmail.org](mailto:tbeard@rhmail.org) or by phone at (803) 981-1300. All checks should be made out to Rock Hill Wrestling and sent to:

Cain Beard, Head Coach

Rock Hill High School

320 W. Springdale Road

Rock Hill, SC 29730



Rock Hill Wrestling